



**Free meals for all students\***

## Available Daily

Thumann's Turkey & Cheese Sandwich

Chicken Cutlet Sandwich

Bagel & Yogurt Bag with String Cheese

Garden Salad with Breaded Chicken, Tomato & Cucumber

Pizzeria Pizza



### A Complete Lunch Includes:

Entrée (with Protein/Grain)

### Trip to The Farm Stand

(students must select at least a serving of fruit or vegetable)

Hormone-Free Milk

**Menu Subject to Change**

Your comments are important to us. Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com)



**Locally Grown  
Bartlett Pears**



**Locally Grown  
Corn**



**At least 50% of All Grains served w/ your meal are Whole Grain Rich**

**FOOD  
ALLERGIES**

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at [www.pomptonian.com](http://www.pomptonian.com).

"This institution is an equal opportunity provider."