



# DECEMBER 2021

# CLIFTON Pre-K Breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Oatmeal Bar Raisins 1% White Milk	2 Cheerios Cereal Apple Slices 1% White Milk	3 Strawberry Yogurt w/ Granola Fresh Orange 1% White Milk
	6 Eggo Pancakes Fresh Pear 1% White Milk	7 Corn Muffin Fresh Apple 1% White Milk	8 Rice Krispies Cereal Raisins 1% White Milk	9 Bagel with Cream Cheese Apple Slices 1% White Milk
13 Eggo Waffle Fresh Pear 1% White Milk	14 Strawberry Yogurt w/ Granola Fresh Apple 1% White Milk	15 Oatmeal Bar Raisins 1% White Milk	16 Cheerios Cereal Apple Slices Slices 1% White Milk	17 Bagel with Cream Cheese Fresh Orange 1% White Milk
20 Eggo Pancakes Fresh Pear 1% White Milk	21 Bagel with Butter Fresh Apple 1% White Milk	22 Croissant with Butter Raisins 1% White Milk	23 Rice Krispies Cereal Apple Slices 1% White Milk	24
25	26	27	28	29 
				

**Breakfast includes** Entrée (Bread/Grain), plus 3/4 cup servings of Fresh and/or Cupped Fruit plus 1% White Milk



**100% of All Grains served  
with your meal are Whole Grain Rich**



*All Cheese served is Reduced-Fat & Reduced-Sodium*

"This institution is an equal opportunity provider."