



2022-2023

Clifton School District

PLANT-BASED PRE-ORDER MENU

Available Daily (AD)

- AD 1** Veggie Burger on a Bun w/ Avocado
- AD 2** Falafel & Hummus Bento Box
- AD 3** Plant-Based Nuggets w/ a Dinner Roll
- AD 4** Plant-Based Tenders w/ a Dinner Roll

A Complete Lunch Includes:
 Entrée (with Protein/Grain)
Fruit/Vegetable
 Milk

Cut at this line and keep the above menu portion for your reference.
 Please submit lunch forms promptly. Late submissions may not be properly recorded.

"This institution is an equal opportunity provider."

Please use the codes listed above to indicate your selections *for the month* on the order form below and return it by 1 week prior by email to the Clifton dietitian, Antoinette Elmateet, aelmateet@pomptonian.com. Please be sure to put money on your child's account prior to placing orders. It is important to go over the menu with your child. If your student is going to be absent on a day that lunch was ordered, please call the Food Service Director at 973-470-2330 between 8:00 & 8:30 a.m. the morning the student is to be absent.

MONTH:	MON	TUE	WED	THU	FRI
Week of:					
Week of:					
Week of:					
Week of:					
Week of:					

STUDENT'S NAME _____

GRADE/TEACHER _____

SCHOOL _____

PARENT/GUARDIAN PHONE # _____

PARENT/GUARDIAN E-MAIL _____

NUMBER OF MEALS SELECTED _____

NOTE TO FREE LUNCH RECIPIENTS: If you plan to participate in the lunch program, you **must** fill out and return this form.